LEISURE AND ACTIVE WELLBEING

Newsletter

Forest of Dean
DISTRICT COUNCIL



Moving More, Feeling Better This November

November 2026 / Issue # 7

Welcome to the November edition of our Leisure and Active Wellbeing Newsletter.

This month, we're sharing updates on local opportunities to help you stay active, connected and well.

From table tennis and walking tennis training to information about the Active Wellbeing Grant Fund and the upcoming We Can Move Forest of Dean Event, there's plenty to explore.

You can also find details about the Forest of Dean Armed Forces Support Network and an upcoming mosaic poppy-making session.

As always, you'll find even more information about Leisure and Active Wellbeing opportunities on our Leisure and Active Wellbeing webpages or by contacting us on 01594 812447 / community.wellbeing@fdean.gov.uk.

Spotlight on ...

We Can Move Forest of Dean

Find out more about this event and the Active Wellbeing Grant Fund

Yorkley Table Tennis Club

Welcoming new players

Walking Tennis Training

Bring walking tennis to your community!

Armed Forces Network

Upcoming events

Yorkley Table Tennis Club

Yorkley Table Tennis Club meets every Friday afternoon from 1pm to 3pm, at Yorkley Community Centre. The club welcomes people of all ages and abilities. Whether you're new to the sport, returning after a break, or a regular player, there's a place for you.

As well as being great fun, table tennis provides a fantastic way to stay physically active, improve coordination, and connect with others.

For more information, contact Richard Burton at burtthebike118@gmail.com .



Active Wellbeing Grant

From sports clubs to community groups, Forest of Dean District Council are offering funding to help more people get moving.

The new grant fund is offering Active Wellbeing Grants of up to £500 to support local clubs, groups and activity providers.

Funding could help you:

- ✅ Increase physical activity in your community
- ✅ Buy new or additional equipment
- ✅ Give a larger project the funding boost it needs to get started

Please contact the team to discuss your idea first, using the details supplied with the grant guidance and application form, found here:

Community grants and funding - Forest of Dean District Council

We Can Move Forest of Dean

The We Can Move Forest of Dean Event will bring together local clubs, community groups, activity providers, partners and volunteers who share a passion for helping people live healthier, more active lives.

Taking place on Monday 16th November, from 6pm to 8pm, at Bells Hotel and Country Club, Coleford, the evening will provide an opportunity to connect with others, share ideas and explore ways to work together to help people across the Forest of Dean become more active.

There will also be the opportunity to learn more about the **Active Wellbeing Grant Fund**.

If you would like to join us, please book your free ticket here: **We Can Move Forest of Dean** .

Walking Tennis Training

Looking to introduce a fun, inclusive and accessible tennis activity at your club, venue or within your community?

Join Gloucestershire Tennis for a practical Walking Tennis training session and discover how to get more people active, connected and enjoying tennis!

Experience Walking Tennis first-hand, learn how to deliver fun, accessible sessions, discover how to set up your own Walking Tennis group and access ongoing support and free equipment (where eligible).

Book your FREE place here:
https://forms.gle/fmkNo2q4uY6HyT337





